United States Service Academy Opportunities Lisa Hillhouse











US Armed Forces

- 1, 458,000 active duty personnel serve in our military (<1% of Americans)
- There are 857,000 reserve and guardsman currently serving
- Women and minorities comprise 14-19% and 24-30% of the armed forces (active duty/reserve)
- Department of Defense responsible for the Army, Air Force, Navy, and Marine Corps
- Coast Guard falls under the purview of the Department of Homeland Defense

Officers

- Leaders and managers
- 10-20% of service personnel
- Must have a minimum of a BA/BS degree and have completed a commissioning program
- Usually a generalist but some are specialists
- Career examples: pilot, nurse, lawyer, civil engineer, accountant, logistician, infantry, etc.
- Ranks include LT or Ensign, Captain, Colonel, etc.



Career Paths

Every Job in the Civilian World Has a Military Equivalent

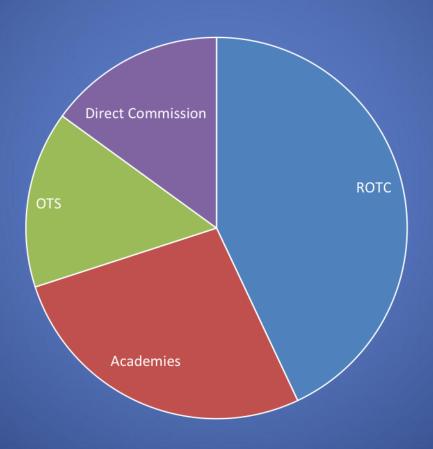
- Medical
- Administrative
- Scientific/Technical
- Etc.

Career field based on major, academic/athletic/leadership performance, medical requirements and service needs

Emphasis on Technology,
 Leadership, Global
 Operations, and
 Humanitarian Missions



Officer Commissioning Sources Army/Navy/Air Force



What is a Service Academy?

- Federally funded military college designed to prepare leaders of character for a lifetime of service
- Graduates enter the armed forces as an officer, serving 5 years (active duty)
- Fully funded education, valued between \$220,000-\$425,000
- Highly competitive to enter (average 10% admit)

5 US Service Academies

- United States Military Academy (Army West Point),
 West Point NY 4,000 cadets
- United States Air Force Academy (Colorado Springs CO) – 4,000 cadets
 United States Naval Academy (Annapolis – Annapolis MD) – 4,000 midshipmen
- United States Coast Guard Academy (New London CT) – 1,000 cadets
- United States Merchant Marine Academy (Kings Point NY) --1,000 midshipmen

Class Profile (2014 Cycle)

Unweighted CGPA, ACT Composite, SAT CR/M, Acceptance Rate

- Air Force 3.89, 30, 670, 670, 10%
- Navy 3.89, 31, 625, 655, 13%
- Army 3.7, 29, 634, 652, 11%
- ② Coast Guard 3.7, 27-28, 620, 657, 16% ②
- Merchant Marine 3.6, 28, 600, 626, 18%

(Rates comparable to Penn, Duke, Pomona, Johns Hopkins, Rice...)

How is Life Different at a Service Academy?

Education and Training

- All students earn BS degrees
 - STEM emphasis
- Challenging course loads (ex. 18-19 credits each semester)
- Every student is a scholar athlete
- Train most of the year (including two-thirds of the summer)
- Military discipline and structure and leadership development





Athletics





- Air Force, Army, Navy Division 1 sports
- Merchant Marine and Coast Guard Division III athletics
- Club and Intramural sports (everyone participates)
 - Wide range of options on land, sea and in the air

Summer Career Orientation

Air Force/Army Aviation Navy/CG/MMA

Life at Sea



Tactical training in a field environment







Cadet Basic Orientation

Training begins in late June ("Beast, Plebe or Swab Summer"

-- Lasts until late summer

- Transition from individuals into a team
- Physical, mental, emotional challenges
- Survival and small arms training

Leadership and teamwork emphasis
 Recognition as a cadet

Application Process

- Lengthy-students MUST be organized and proactive
- Lots of room for error/missed deadlines
- Easy to lose focus or motivation complex for a reason

These apps cannot be completed in 45 mins or even a weekend

Application Timeline

- Students can begin their applications junior year. Ideally they
 have already demonstrated interest and participated in
 summer programs and outreach events
- Each academy has different application start dates and deadlines. Typically students can begin submitting documents in late summer. Files generally must be complete by late Dec/early Jan
- Some academies have rolling admissions, others board candidates throughout the year. Some publish notification dates, others don't. Some offer EA

Common Problems

 Fitness Assessments - candidates delay, get injured and run out of time to test

 Medically Disqualified – braces, acne medication, vision, multiple concussions, medication for attention deficit, depression/anxiety

 Fail to receive a nomination – some areas are extremely competitive

The solutions? Start early and have back-up plans.

Application Steps

- Research your options
- Begin a pre-candidate questionnaire (preliminary application)
- Start the nomination applications to every source
- Complete the physical fitness exam (CFA)
- Submit teacher and counselor LOR's
- Complete personal data form
- Construct essays (and resume), finish application components
- Forward transcripts and test scores
- Complete medical evaluation
- Reach out to local and regional admissions officers and prepare for interviews

Preparatory Schools

Academies Sponsor

- May be on campus or elsewhere
- Review of HS English, Math, and Science
- Military training, athletics, time management and study skills



Private Prep Schools

- Student may have Academy financial support or go on their own
- Choose from several military schools or PG programs
- Academics, athletics, military discipline, test taking skills and career mentors

Academy Summer Opportunities

- Summer Seminar: HS Juniors apply in early winter. 1 week orientation to engineering and cadet life. <u>Highly competitive</u>
- Athletic Camps: Available to HS students (numerous sports). Open to the public
- SAME Engineering Camps: Career exposure to military opportunities. <u>Competitive</u>





Academy Admissions Tips

- Admissions is a lengthy process start preparing early! Sophomore or junior year is ideal
- Candidates evaluated on the "whole person" concept
- Integrity, character, moral background important (drugs, arrests a problem)
- Candidates need have a solid CGPA and strong test scores (SAT or ACT) for direct admission. Writing portion not required
- Every student is a scholar athlete. No sports = no admission
- You must be medically and physically qualified (tests for both)
- Unusual experiences, language/travel, hardships, diversity all are important
- Most academies require a liaison officer interview(s)
- You must have a congressional nomination (exception: Coast Guard

Final Points

- DEMONSTRATING INTEREST is HUGE
- Every interaction with your liaison, academy, or congressional office is an interview
- Apply to EVERY nominating source
- Again, start preparing early (summer programs, learn about the military, prepare academically, build your resume, etc.)
- Mock interviews are helpful
- Plan ahead to finish ahead of deadlines—there may be complications with medical exams or injuries that prevent students from meeting entrance requirements
- Each school has its own level of competitiveness
 - CG is extremely difficult, Navy and AF very challenging, MMA and Army are slightly easier

And lastly, HAVE ALTERNATIVE PLANS (ROTC, PREP SCHOOL, REAPPLY)

Who Thrives as an Officer?

Highly motivated leader of character

gives 110% adventurous selfless

hard working academically talented proactive physically and mentally strong desire to be your best







Why the Academies?

- Some of our nation's best and brightest young leaders
- Unparalleled
 opportunities for
 learning, research,
 career exploration, and
 cultural immersion

 For those students who want to serve and are ready for a challenge not your ordinary college experience!



For More Information

Lisa Hillhouse, USAFR, and Independent
Adviser 925-788-9663
HillhouseCollegeAdvising.Com
Academy websites
Individual military service websites





LT Amina Lynch

AFROTC Admissions Officer

ROTC

Introduction

- 2d LT Amina Lynch
- 4 year ROTC Graduate
 - Tuskegee University
 - English Major
- Hometown: Norfolk, Virginia
- Future Personnel Officer
- Gold Bar Recruiter
 - CSUS Yosemite Hall



Overview

- What is AFROTC?
- National Perspective
- AFROTC Scholarships
- Military Careers
- Summary
- Contact Information



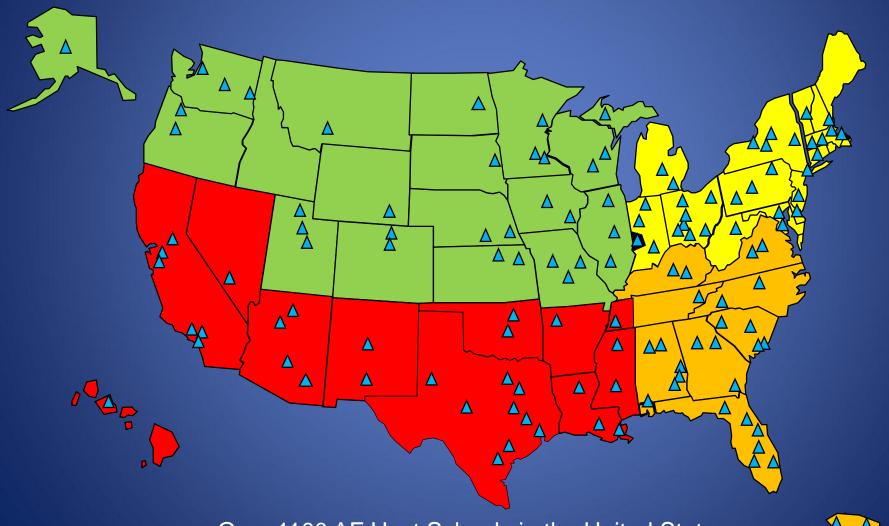
"We will design and implement a system of learning that honors individual student goals and dreams, while fostering college and career readiness in an environment that supports social, emotional, and physical well-being."

- San Juan USD Strategic Vision (2015-2020)

What is ROTC?

- A 4 year program for college students to become Military Officers
- 3 Primary aspects of ROTC
 - Military Academic Course
 - Physical Training (PT)
 - Leadership Laboratory (LLAB)
- High School and In College Scholarships
- #1 Priority is Academics
- Get the 'College Experience'
- Not joining the Military right out of High School

National Perspective



Over 1100 AF Host Schools in the United States

Scholarship Tips

- Apply Early
- Take the ACT and/or SAT early and often to raise test scores
 - Deadlines and minimum scores vary per branch
- Prepare for the interview
 - Practice with your friends, parents or teachers
- Make copies of everything
- The boards, based on officer potential and the "whole person" concept, rate on the following criteria:
 - Leadership and work experience
 - Extracurricular activities
 - Results from your personal interview
 - Questionnaire results
 - Academic scores

Air Force Scholarship

HIGH SCHOOL SCHOLARSHIP PROGRAM (HSSP)

Type 1

- Pays Full Tuition (uncapped)
- \$600 for books + Monthly Stipend
- Approx 5%, Mostly Tech Fields

Type 2

- Pays Full Tuition (up to \$18,000)
- \$600 for books + Monthly Stipend
- Approx 25%, Mostly Tech Fields

Type 7

- Pays up to in-State Tuition Rate
- \$600 for books + Monthly Stipend
- Approx 70%, all Fields of Study



Careers

- The Next 4 years...
 - So what happens after ROTC?
 - What's life like with a military Commission?
- Possible Careers Options Travel Benefits Experiences – Friends – Discipline - Fun Guaranteed Job and Paycheck!







Army

- UC Davis 530-754-6707
- CSUS 916- 278-7682
 - http://www.goarmy.com/rotc/scholarships.html
 - http://www.goarmy.com/rotc.html
 - http://milsci.ucdavis.edu/
 - http://www.csus.edu/armyrotc/



Navy/ Marines

- UC Berkeley
- Head Navy Recruiting Officer 901-874-9280
- Head Marine Admissions Officer
 916-928-2602/2605
 - http://www.nrotc.navy.mil/
 - http://www.navy.com/joining/college-options/nrotc.html
 - http://navyrotc.berkeley.edu/
 - http://www.marines.com/becoming-a-marine/commissioningprograms/four-year-colleges/platoon-leaders-class?nav=LP1

Summary

- Options and Opportunities
- Educated Decision Making
- AFROTC general info
- Scholarship Opportunities



Contact Information



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